



Summary of Triple P Clinical and Implementation Support Day 11/05/10

Facilitators: Cathy McDowell and Mary Echols, Director of Training for Triple P America

The Numbers

- 17 providers from 4 different organizations (FRC, NHS, CFS and Weeks Medical Center) attended
- 4 of the 17 had not yet used Triple P (one just returned from maternity leave, others did not have the appropriate clients yet)
- 20 families have completed or are receiving Triple P in Coos County since May 2010
 - FRC-7
 - CFS-3
 - Weeks-3
 - NHS-7
- Triple P estimates that 15-20% of families will benefit from Triple P in any given population. If we assume that there are 1900 families in Coos county with children under age 6, then the total population we will need to serve to reach all potential participants in Coos is between 285 and 380 families. We are currently serving 7% of the total families.

Practitioners' list of what is going well and what their concerns and issues are

Going Well

- Love the workbook
- Encourages father engagement
- The assessment is very helpful
- Once parents get engaged they really like the program
- Tip sheets are very good and helpful
- Helps parents reflect on their parenting together
- "Not as hard to implement as I thought it would be" Comment from a practitioner who was very resistant at the beginning of the program

Issues/Concerns

- Crises get in the way of implementing the program
- Clients aren't ready for this program
- Clients who are court ordered to participate
- Cognitively challenged parents
- Domestic Violence
- Difficult to maintain consistency
- Hard to get through the assessment part-takes a long time

Most of the day was spent reviewing these issues/concerns and brainstorming solutions. Participants shared their experiences and discussed challenges with particular families.

Participants were asked to discuss the effect of participating in Triple P on interagency communication and collaboration

- NHS team meets monthly to discuss Triple P this has improved their communication as a group and keeps them up to date on Triple P
- Triple P training has improved participants ability to coordinate with other organizations-they can refer clients to another organization and know what the client is learning if they are using Triple P
- Triple P training improved contact, coordination and information sharing among participants
- More referrals from NHS to FRC for Triple P
- DCYF “loves” Triple P and is now mandating it for some clients
- Headstart is very interested in Triple P and has made several referrals for the program
- CASA has learned about Triple P and wants it for their clients
- “It makes a big difference to know that we are all using the same program and the same language”

Participants seemed to like the clinical support day and most said they felt that their issues were addressed, it will just take practice to continue to work on them. Mary Echols praised the group for how much they have accomplished in a short time and for their willingness to keep working at a new way of doing things.

Next peer support training will be offered in the spring by the FRC